



Church of the Immaculate Conception

1, Lorong Maktab, Pulau Tikus 10250, Pulau Pinang, Malaysia

* St Joseph's Chapel, Hong Seng Estate

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Priests: Fr. Marshall Fernandez ; Fr. Mark Michael



Psalter Week IV (Year B)

For Private Circulation Only

22nd Feb ~ 1st Mar 2009



7th Sunday of Ordinary Time

1st READNG

Isaiah 43 : 18 - 19, 21 - 22, 24 - 25

2nd READING

II Corinthians 1 : 18 - 22

GOSPEL

Mark 2 : 1 - 12

RESPONSORIAL PSALM

Heal my soul for I have sinned against you.

A Sunday Reflection

LENT : LIFE IS TRANSITION... Contributed by A Parishioner

Some transitions are thrust upon us, some come more gently. Out of the muddy waters of mixed feelings, hurts, fears, excitement, confusion.. New Life eventually comes if we allow it. No amount of fighting will keep change from happening. We try to maneuver with grace rather than resistance.. The season of Lent challenges us to consciously enter into a process of changing, to let go of selfish attitudes and sinful behaviour and to grow closer to God.

During Lent the Church encourages us to contemplate the ultimate paradox: Jesus let go of his desire to live, embraced his Father's will, accepted death - and triumphed in Resurrection! Enter fully into the Lenten spirit by focusing on the many ways we are called to join Jesus as He transforms the world through His life, death and resurrection.

During the rest of the year, when you are experiencing the often conflicting emotions that accompany change, the insights and attitudes developed during Lent will help you manage with a little more grace, a little more dignity, and a lot more Trust in a God who loves you. ✠



MEDITATION AT THE BLESSED SACRAMENT

There will be a meditation session on every Fri from 8:00pm - 9:00pm at the Blessed Sacrament beginning Fri, 6 Mar.

Those attending this session are kindly requested to observe strict silence. ✠

It is easy to forget LENT. Buy a Lenten Wrist-band at RM 1.00 each... ✠

PRODIGAL SON RETREAT

The Registration of the Prodigal Son Retreat is still open. For those who are interested kindly get the Registration Forms from Parish Office or download at the Parish Website. The retreat is from 20 - 22 Mar at Tg Bungah Hotel. ✠

Lenten Campaign 2009 will start from the 1st Sun. of Lent. Envelopes will be placed at the Church entrance. Kindly donate generously. God Bless. ✠

MEETINGS

BEC Leaders Meeting	Tue 24	8:15 pm
PPC Meeting	Fri 27	8:00 pm
SSVP AGM Meeting	Sat 28	10:00 am
Altar Servers Meeting	Sat 28	3:00 pm

CHURCH ACTIVITIES

Sunday Catechism Classes	Sun 22	10:00 am
RCIA Session (English)	Tue 24	8:00 pm
Qi Gong Session	Wed 25	8:30 am
Qi Gong Session	Sat 31	8:30 am
IC Bright Sparks Learning Ctr	Sat 28	9:00 am
SuperSeniorZ Gathering	Sat 28	9:00 am
Line Dancing	Sat 28	3:00 pm
Infant Baptism Briefing	Sat 28	7:45 pm
Sunday Catechism Classes	Sun 01/03	10:00 am
Parenting Workshop	Sun 01/03	11:30 am

Thank You and God Bless Your Generosity !!
This weekend's 2nd Collection :
PUBLICATION FUND



MIGRANT & REFUGEES RIGHT TO REDRESS CAMPAIGN

The Jaringan Utara Migrasi Pelarian (JUMP) and POHD is organizing a Migrant & Refugees to Redress Campaign on Sat, 28 Feb from 10:00am - 12:00pm at Dewan Sri Pinang. Registration is free. There will be Drama - Presentation - Lunch - Tea Reception. For further enquiry kindly contact Stanley ☎ 016 445 5678. ✠

ASH WEDNESDAY

Time of Masses for Ash Wednesday for the Diocese of Penang are...

* SFX Church (English)	6:30 pm
* OLS Church (English)	7:30 am
* (English/Mandarin)	7:00 pm
* IC Church (English)	7:00 am
* (Eng/Tamil/Mandarin)	7:00 pm
* Church of Risen Christ (English)	8:00 pm
* Cathedral of Holy Spirit (English)	7:00 am
* (English)	12:00 pm
* (Eng/Mand)	8:00 pm



PALM SUNDAY PLAY

The youth will be having a practice for Palm Sunday Play at AVA Room from 7:00pm - 9:00pm on every Fri starting 20 Feb until 3rd Apr. ✠

LITURGY & DEVOTIONS

SUN 22	7th SUN OF ORDINARY TIME.
8:30 am	Mass
11:15 am	Mandarin Mass
4:00 pm	Mass for the Sick
MON 23	Weekday. St. Polycarp, Bishop & Martyr.
7:00 am	Mass
TUE 24	Weekday.
7:00 am	Mass
WED 25	ASH WEDNESDAY.
7:00 am	Mass (English)
7:00 pm	Mass (Eng/Tamil/Mandarin)
THU 26	Thursday after Ash Wednesday.
6:00 pm	Mass
FRI 27	Friday after Ash Wednesday.
6:00 pm	Stations of the Cross (Eng/Tamil/Mand)
6:30 pm	Mass
	Followed by Novena to Divine Mercy
SAT 28	Saturday after Ash Wednesday.
7:00 am	Mass
5:30 pm	Rosary, Novena & Benediction
6:30 pm	Mass
SUN 01/03	1st SUNDAY OF LENT.
8:30 am	Mass with Children's Liturgy
11:15 am	Tamil Mass
5:00 pm	Infant Baptism
6:00 pm	Mass

NEWS IN BRIEF

- ✠ The SuperSeniorZ is organizing Holy Hour every Sat during the session of Lent at 10:00am in Church Blessed Sacrament. All are welcome.
- ✠ Parenting workshop on Sun, 1 Mar from 11:30am - 3:30pm at Parish Hall. Compulsory attendance to all parents and guardians of Std. 3 catechism children.
- ✠ There will be a talk on Social Teachings by Anil Netto on Sun, 29 Mar at 10:00 am at Parish Hall. All are welcome.